

# Packing Information and Equipment List

Bring all your gear packed in a multi-day, backpacking backpack and ready for a hike. DO NOT bring a suitcase or a large duffle bag instead of a backpack. It is essential to bring all the items on the list. Do not bring anything else with you, including cell phones and personal electronics. The week will be electronics-free. There are no power plugs. There will be a pack-check. Non-essential items will be taken and stored for safekeeping during camp. Mark your stuff with your name to make it easier to return when misplaced. We are not responsible for any items lost, damaged, or misplaced.

## **Parents:**

Do not purchase expensive equipment! Many department and sporting goods stores sell adequate items. For a good, comfortable fit, the participant should try on the backpacking backpack before purchasing. Participants wear uniforms. Pants and shorts must be colored Khaki, Tan or official BSA uniforms. NO Other Colors! Two uniform tee shirts will be provided. There is an option to pre-order extra uniform tee shirts during registration.

### **Personal Gear to Bring to Camp (Packed in a multi-day, 50-80 liter, backpacking pack)**

Arrive with everything inside or strapped to your backpack. Some items can go into your small daypack. During the overnight backpacking trip out of camp, you will take only your sleeping bag, pad, change of clothes, small tarp, utensils, water, personal items, jacket and food. Your tent will stay in camp with your extra gear left inside.

#### **Gear**

- Sack lunch and water for Sunday check-in
- Backpacking Backpack - 50 - 80 liter with waist belt  
(adjusted to fit)
- Sleeping bag (*mummy type 15-20 degree*)
- Sleeping pad and small travel pillow
- Day pack (*school bookbag type*)
- Tent (*small 2-person size not larger*)
- Small plastic tarps (*approx. size 4x6ft.*)
- Eating utensils (*spoon, fork, plate, bowl, & cup*)
- 2 Trash bags for dirty clothes and trash
- Compass
- 3 - 32 oz. reusable water bottles
- Personal first aid kit (*small*)
- Flashlight - small light with extra batteries
- Whistle
- Pens and pencils
- Pocket Knife - locking 3-inch or less blade
- Watch – Phase 2, Phase 3, NYLT only
- Alarm clock (*battery – travel size*)
- Small Sewing kit (*Phase 3*)
- Sunscreen / sunglasses / hat (*with brim*)
- Insect repellent
- Camera (*disposable — optional*)
- Hiking boots with ankle support (*wear and break in before camp!*)
- Important* - Sturdy Tennis shoes that can get wet. Old ones are fine.

#### **Clothing**

- Underwear (6 pair)
- Socks (6 pair)
- Boot socks (2 pair)
- Sleeping clothes – (*Always change at night*)
- Warm jacket
- Flip flops / sandals (for shower/pool area)
- Swimsuit – *Modest = one-piece, tankini, trunks or jammers, a swimming shirt is encouraged.*  
***No bikinis or speedo type racing bottoms!***

#### **Personal Items**

- 3 cloth face masks or 10 disposable
- Toothbrush, toothpaste, & floss
- Shampoo & soap
- Comb / brush / hair ties
- Washcloth & towel
- Baby Wipes - for hiking days
- Deodorant
- Feminine products – *Just in case!*
- Medications / inhaler / EpiPen

#### **White Stag Uniform requirements to bring:**

- 2 Tan or Khaki colored long pants (*No other colors except official Scout Pants*)
- 2 Tan or Khaki colored shorts (*long-length cargo type. No other colors. Mid-thigh. **No shorter than the fingertips with arm down!***)
- 2-3 plain tee shirts (2 uniform shirts are provided. Registration option to pre-order more).



#### **NYLT Uniform requirements to bring:**

- Scout/Venturing Class A - Shirt & Pants
- 2-3 extra BSA Class B activity shirts (2 shirts are provided. Registration option to pre-order more)



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