

Monterey

White Stag Program, Established 1958

White Stag Monterey

register@whitestagcamp.org 831-601-0991

www.whitestagmonterey.com 33 Soledad Drive Monterey, CA 93940

Register for the Leadership Challenge online at www.whitestagmonterey.com click the "Registration Link"

To register with a paper form, please email register@whitestagcamp.org

2022 White Stag Monterey Leadership Challenge Information

In This Packet

- 1. Packing and Equipment List & Tips
- 2. Directions to the C-Day Orientation Day in Monterey & Directions to the Piney Creek Summer Training Location
- 3. The Medical Examination form that needs to be signed by a doctor and uploaded the registration system.

About the Program

The program teaches youth a specific set of leadership competencies. White Stag has its roots in Scouting, but in 2008 incorporated as a public benefit 501C3 non-profit corporation, White Stag Leadership Development Academy, Inc. The corporation is an all-volunteer entity that sponsors Boy Scouts of America, Venturing Crew 122, which runs a year-round program to plan and present two, one-week leadership training sessions each summer. During the training week, participants get repeated opportunities to learn, be challenged, and practice leadership skills in small and large group settings. They develop plans for applying these skills in their home organizations, programs, family, and community. Experienced adults and trained youth leaders carefully monitor all elements of the program.

About Our Name

We take our name from the White Stag of Hungarian legend and the symbol of the 1933 World Jamboree held in Hungary. This Jamboree was the last one attended by the founder of Scouting, Lord Baden-Powell. The White Stag was the symbol of challenge to reach for goals beyond perceived limitations and a challenge to grow as individuals. It is a fitting symbol for a leadership program.

The History of the White Stag Program

White Stag was founded in 1958 by educational psychologist and Scouter, Dr. Bela Banathy. He conceived the idea of a program that defined and taught specific leadership competencies to youth. With the input of other social scientists and the assistance of a key group of fellow Scouters, Bela formulated and tested a method for managing the learning of leadership skills. The program was adapted in 1972 by the National Council of the Boy Scouts of America as the official nationwide Junior Leader Training Program. In 2008, Venture Crew 122, sponsored by White Stag Leadership Development Academy, Inc., an all-volunteer non-profit 501c3 began offering the week-long program to all boys and girls, with no Scouting experience necessary.

About the Leadership Competencies

Your child will receive hands-on, fun learning experiences designed to help them use proven leadership competencies pioneered by White Stag. The outdoor adventure experience is the foundation for the leadership training program. It instills confidence while learning and accomplishing new things, emotional intelligence while working with others, and the ability to work and lead others as a team. Each participant will acquire greater depth and breadth of knowledge in the following leadership competencies:

- Getting and giving information
- Knowing and using your available resources
- Controlling your group's performance
- Understand group needs and characteristics
- Planning and decision making
- Managing the learning by using goals and objectives
- Setting the example
- Sharing leadership
- Counseling
- Representing your group
- Evaluating and process improvement

How Our Program is Organized

Participants who range in age from 10.5 -17 years naturally bring a wide variety of skills and needs to the leadership development program. The program is organized into three phases so that it may better meet the needs of all the participants. Each phase level will teach a particular range of skills for the proper level of maturity. The degree and emphasis of the competencies increase from phase to phase. Completion of Phase 1 is not required for acceptance into Phase 2. Similarly, completion of Phase 1 or Phase 2 is not required for acceptance into Phase 3. It is common for a participant to repeat a phase when they are not old enough to go on to the next phase. Repeating a phase can be very

(8-6-21 Rev.)

advantageous for the child. It gives them time to mature and to practice and use the leadership skills they learned the previous year with their peers before moving to the next phase level. No prior camping or backing experience is necessary for any level.

The following are the guidelines for the placement of candidates into a phase. Final candidate placement will be the decision of the White Stag Directors. Applicants seeking age exceptions **must attend C Day**, and age exceptions are not guaranteed.

Phase 1, Group Member Development

For youth ages 10.5 - 13, rising grades $6^{th} - 7^{th}$. Participants will experience the dynamics and power of a close-knit group. They are exposed to the responsibilities of group membership and leadership skills. They go on an overnight backpacking trip.

Phase 2, Group Leadership Development

For youth ages 13 –15, rising grades 7th, 8th, or 9th (or 12 years with the approval of Phase Leader and Director, for youth who have previously completed Phase 1). Participants learn the skills of small group leadership. They are exposed to advanced levels of leadership competencies and have guided opportunities to lead a small group. They will go on a 1-2 night backpacking trip.

Phase 3, Large Group Leadership Development

For youth ages 15 - 17, rising $9^{th} - 12^{th}$ (or 14 with approval of the Phase Leader and Director, for youth who have previously completed Phase 2). Participants learn the skills of large-group leadership and small group leadership. They receive opportunities to practice leadership skills at a high level. They will go on a multi-night backpacking trip.

About Our Staff and Volunteers

White Stag Monterey is an all-volunteer organization. Our highly trained adult staff consists of alumni, parents, and Scout leaders who have found value in the White Stag experience. Parents are welcome to participate. Many parents help in equipment and foodservice support roles or join our adult staff team. For information on how you can help, contact register@whitestagcamp.org or 831-601-0991.

Piney Creek Facility

The rustic camping facility borders thousands of acres of wilderness and offers excellent opportunities for hiking and backpacking and an action-filled week of leadership development. Individuals learn leadership skills best through hands-on learning and practice in small groups. The experience of living and supporting each other in the outdoors is perfect. Participants also learn and practice the outdoor skills necessary to live in nature.

Participant Eligibility

The program is coed and open to youth who are 10 ½ and are entering 6th grade in the Fall, through the age of 17 at the beginning of each session. No experience of any kind is required, however, this is an age-appropriate, challenging outdoor adventure that does require core character traits such as a willingness to try, the ability to respect and work with others, and age-appropriate self-control. We reserve the right to dismiss a participant if their behavior is inappropriate or disruptive, with no refund given. For each participant's success, group placement is made by age, grade, and experience. Full disclosure of any special needs, physical or development differences during the registration process is required so that plans for a good experience can be prepared.

Medical Examination

All participants must submit our Medical Examination form. It should be filled out and stamped by a physician during a visit to the doctor. The only substitute form we accept is a current BSA Scouting Medical Exam. Exams must be dated within one year of the session date attending. Parents should go over the form with the physician to insure physical mental, and emotional concerns are noted.

Training Sessions Days and Location – June 19-25, 2022 or July 10-16, 2022

Drop off at 10:00 AM, Sunday – No early arrivals or late arrivals after 11:00 AM
Pick up & Graduation Ceremony, Saturday – Arrive at 10:00 AM. Graduation is at 10:30. Dismissal 12:00 – 12:30 PM.
Piney Creek Camp, 44890 Carmel Valley Rd., Greenfield, CA 93927
Google maps – White Stag Piney Creek, Greenfield, CA

<u>Participants may not arrive late or leave early</u>. Each participant must attend the course in its entirety. Our program is dependent on each participant attending the complete course. If we allowed early departure or late arrival, it would hurt the experience of the child, and negatively impact the other children in their small group.

Graduation Ceremony

Family members and friends are strongly encouraged to attend. Youth participants love having their families watch them celebrate their success from the week. The Graduation Ceremony that starts at 10:30. Arrive at 10:00 AM to allow time to park and walk to the graduation site held at the campfire bowl. Temperatures at camp can be hot. Please make sure you bring sunscreen, hat, water, and a camp chair if desired. Once the ceremony is over, participants go pick up their gear and leave. Parents/guardians not picking up their child must email us the name of the person who will be picking them up. **Do not** bring pets to pick up. They must stay in the car, and it is **too hot** and **dangerous** for them.

Orientation Day - "C Day"

Held Saturday, May 21, 2022 8:45 AM – 3:00 PM. This is not mandatory, but a good opportunity to meet the Staff and get information. Participants have an activity based experience. (Bring sack lunch, water, notebook, pen/pencil, light jacket) Parent Orientation 10:00 AM – 12:00 PM (Have lunch in beautiful Monterey) We will tell you about the program and give you packing information and other logistical information. The location is the Presidio of Monterey Boy Scout Lodge, located at Ewing Rd. & Pvt Bolio Rd, Monterey, CA – Google Maps "POM Boy Scout Lodge, Monterey, CA"

INDABA - Reunion of Graduates, Youth Staff & Alumni

Held Saturday, September 17, 2022 – 10:00 AM – 3:00 PM at the same place as C Day, in Monterey. (see above)

Equipment

There is an Packing and Equipment list included this packet, as well as a Packing Tips . If you have questions about what to purchase, outdoor sporting goods stores can be very helpful places to learn more about camping equipment. Do not buy expensive items. The major brand department stores also sell adequate gear at reasonable prices. Each participant needs their own 2-person or smaller tent. Tents may not be shared with friends or family since they may not be in the same small group. Each group has designated camping areas. Participants will only take their sleeping bags, pads, a tarp, and change of clothes with them on the overnight backpacking trips. Most of their gear will stay at the camp inside their tents.

Uniforms & Clothing

It is important to have everyone wear uniforms while participating in the program. It creates a feeling of belonging, reduces distractions, and also instills discipline. Participants are required to wear tan or khaki pants or shorts, or official Scouting pants, or shorts. Participants are provided with two uniform shirts. Extra shirts may be purchased during the registration process. Shorts must not be shorter than to the fingertips with their arm hanging straight down. Other plain shirts from home can be worn during some parts of the day, but they may not contain graphics. All swimming suits must be modest. One piece or females and trunks or jammers for males. No bikinis or male speedo-type racing suites. SPF swimming tops are encouraged. Boots should be "broken-in" to avoid blisters. Everyone should bring sturdy tennis shoes that can get wet for creek crossings and water play. Old ones work great!

Refund Policy

Your registration fee is NON-REFUNDABLE and NON-CREDITABLE. Clear your calendar before signing up for the training course. This policy applies to all participants and is in effect whether you have an unexpected family/business emergency, have a medical emergency, etc. There are NO exceptions. You may request a donation receipt in the amount you paid towards your registration as a Charitable Donation for your income tax return. We will allow another child you know to attend in their place. Contact register@whitestagcamp.org to find out more. The White Stag Leadership Development Academy, Inc. is an all-volunteer, non-profit 501(c)3 organization. All fees go directly to fund the program. Fees are kept low to reach as many youth as possible.

Non-Discrimination Policy

The White Stag Leadership Development Academy, Inc., BSA Crew and Troop 122/9122 makes decisions in regards to administration of its educational policies, admissions policies, scholarships, and other administered programs without regard to race, religious creed, color, ethnicity, national origin, ancestry, citizenship, primary language, immigration status, sex, gender, sexual orientation, gender identity (defined as each person's internal understanding of their gender or perception of a person's gender identity, which may include male, female, neither male nor female, a gender different from the person's sex assigned at birth, or transgender), gender expression (defined as a person's gender-related appearance or behavior, or the perception of such appearance of behavior, whether or not stereotypically associated with the person's sex assigned at birth), physical or mental disability, medical condition, genetic information, marital status, or any other basis protected by local, state, or federal laws, and ensures equal access to all the rights, privileges, programs, and activities generally accorded or made available to other youth in the program.

Packing Information and Equipment List

We are excited you are attending The White Stag Challenge! Be prepared. Bring all your gear packed in a multi-day, backpacking backpack ready for a hike. **No suitcases, duffle bags, etc. instead of a backpack. They are too hard for you to carry.** It is essential to bring all the items on the list. Do not bring anything else with you, including cell phones and personal electronics. The week will be electronics-free. There are no power plugs, and the dust is not good for electronic devices There will be a pack-check. Non-essential items will be taken and stored for safekeeping during camp. Mark your stuff with your name to make it easier to return when misplaced. We are not responsible for any items lost, damaged, or misplaced.

Parents:

Do not purchase expensive equipment! Many department and sporting goods stores and online store sell adequate items. For a good, comfortable fit, the participant should try on the backpacking backpack before purchasing. Participants wear uniforms. Pants and shorts must be colored Khaki, Tan or official BSA uniform pants. NO Other Colors! Two uniform tee shirts will be provided. There is an option to pre-order extra uniform tee shirts during registration. All participants need their own tent. No tent sharing since family members and friends may not be assigned to the same groups and may be tenting in separate areas.

Personal Gear to Bring to Camp (Packed in a multi-day, 50-80 liter, backpacking pack)

Arrive with everything inside or strapped to your backpack. Some items can go into your small daypack. During the overnight backpacking trip out of camp, you will take only your sleeping bag, pad, change of clothes, small tarp for your sleeping bag, utensils, water, personal items, jacket and food. Your tent will stay in camp with your extra gear left inside.

Gear Sack lunch and water for Sunday check-in Backpacking Backpack - 50 - 80 liter with waist belt	Swimsuit – Modest = one-piece, tankini, trunks or jammers, a swimming shirt is encouraged. No bikinis or speedo type racing bottoms!
(adjusted to fit) Sleeping bag (mummy type 15-20 degree) Sleeping pad and small travel pillow Small 4x6ft plastic tarp for hiking - Important! Day pack (school bookbag type) Your own Tent (small 2-person size. NOT LARGER) Eating utensils (spoon, fork, plate, bowl, & cup) 2 Trash bags for dirty clothes and trash Compass 3 - 32 oz. reusable water bottles Personal first aid kit (small) Flashlight - small light with extra batteries	Personal Items 3 cloth face masks, or 10 disposable (If COVID 19 is still a threat) Toothbrush, toothpaste, & floss Shampoo & soap Comb / brush / hair ties Washcloth & towel Baby Wipes - for hiking days Deodorant Feminine products - Just in case! Medications / inhaler / EpiPen
 Whistle Pens and pencils Pocket Knife - locking 3-inch or less blade Watch - Phase 2, Phase 3 Alarm clock (battery - travel size) No cell phone Small Sewing kit (Phase 3) Sunscreen / sunglasses / hat (with brim) Insect repellent Camera (disposable — optional) Hiking boots with ankle support (wear and break in before camp!) Important - Sturdy Tennis shoes that can get wet. Old ones are fine. 	 White Stag Uniform requirements to bring: 2 Tan or Khaki colored long pants (No other colors except official Scout Pants) 2 Tan or Khaki colored shorts (long-length cargo type. No other colors. Mid-thigh). No shorter than the fingertips with arm down! 2-3 plain tee shirts (2 uniform shirts are provided. Registration option to pre-order more).
Clothing Underwear (6 pair) Socks (6 pair) Boot socks (2 pair) Sleeping clothes – (Always change at night) Warm jacket	NOTES.
Flip flops / sandals (for shower/pool area)	

Packing Tips

Below a detailed packing guide. It is not meant to replace your packing list, but instead to simply give a more in-depth explanation as to what each piece of gear is needed for, as well as general recommendations on what to look for when buying your gear.

If you plan on buying outdoor gear and plan on reusing it later, it is generally advised to pay more money upfront for a higher quality, more durable product as opposed to a cheaper, lower quality gear since high quality outdoor gear can easily withstand years of use.

If you do not intend to use the gear very often, then it is recommended that you buy cheaper gear or borrow from friends and family to save money.

SHELTER

Tent	Price Range: \$20-\$300 2 person tents are more than enough for a candidate to use for a week. It is strongly recommended that you practice setting up the tent at home before coming to camp. Bring a small tarp for underneath if it does not have one built in. Note: It is important for every camper to have their own tent, as sharing tents is not allowed due program restrictions.
Sleeping Pad	Price Range: \$15-\$40 Both foam pads and air pads can be used for camp. A foam backpacking pad is advised. It is very helpful to learn how to inflate/deflate air pads before camp, as they can be difficult to use without practice. Because the size of pad is important when packed away, it is best to get a smaller pad while retaining comfort.
Sleeping Bag	Price Range: \$20-\$60 While it can get hot during the day, the nights at Piney Creek can get very cold, so it's important to buy a good sleeping bag. Mummy sleeping bags are preferable, as they do the best job of keeping your body heat in. We suggest a 20 degree bag, as it is the most comfortable for our temperature ranges at camp. Note: It is common for sleeping bags to have certain temperatures. These are generally the lowest temperatures the sleeping bag can keep a person warm. However, these labels assume maximum insulation, meaning you have to wear thermals, jackets, etc. As a result, the ratings are not very applicable to the week of camp.
Camp Pillow	Price Range: \$5-\$40 These can be very helpful for giving additional comfort. However, they are not necessary, as it is very possible to go through the week without having one or use a jacket under your head.

ESSENTIALS

Frame backpack	Price Range: \$70-\$150 This is absolutely necessary, as it will hold all of your stuff. It should be at least big enough to hold all of your clothes, mess kit, and toiletries inside, and should be able to hold your tent and sleeping pad on the outside. 40-60 liter size is recommended. Your sleeping bag can be either inside or outside, depending on the backpack. Both internal and external frame packs are good. No suitcases or duffle bags. They are too hard to carry and you cannot take them backpacking.
Day pack	Price Range: \$15-\$60 This will be a smaller backpack to hold miscellaneous items that you will able carry around throughout the day, such as your knife, first aid kit, water, notebook, etc. Be sure it is big enough to carry at least 2 liters of water. School backpacks are a good choice.
Water bottle	Recommended quantity: At least 3 liters (3 - 32 oz.) There are many water bottle options. Generally, any reusable water bottle should work if it is at least 32 oz. Camelbaks and other water reservoir systems are great. However, if you choose to use one, you should bring another water bottle that is easier to carry around.

Sun gear	The sun can be very intense at camp, so make sure to bring sunglasses, sunscreen, and a hat.
Bug gear	We share the outdoors with bugs, so insect repellent and some form of itch reliever are both strongly recommended.
Mess kit and utensil	Recommended Type: Metal or Plastic (include: plate, spoon, fork, bowl) Silicon mess kits are good because they are generally pretty durable, very portable, and easy to clean. Metal and plastic mess kits also work. The utensils that come with most mess kits are generally very good. However, if your mess kit doesn't come with utensils, there are other options. Generally, pocket eating utensils are good enough.

CLOTHES

Underwear	Recommended Quantity: 6-7 This is self-explanatory. Synthetic ones are nice since they're sweat wicking.
Sleep Gear	Recommended Quantity: 1 set For the sake of comfort, it is recommended you bring a set of clothes that you will wear exclusively to sleep. Clothes often get dirty and might touch poison oak during the day, so if you wear them to sleep in, they will also get your sleeping bag dirty. Exercise clothing or thermal underwear are a good choice
Swimwear	This is very necessary because campers will be showering and using the pool during the week. No speedos or two-piece swimsuits. If you're bringing a two-piece swimsuit, bring a shirt to wear over it.
Khaki Pants	Recommended Quantity: 2-3 sets These will be part of your uniform which you will have to wear throughout the week, so it will be important to bring multiple pairs. Brighter khakis are generally better, as they allow you to see any bugs and thorns that might be on them. Pants with detachable pant legs are helpful, since they can be adjusted based on the circumstances. Note: Scouting uniform pants are also acceptable.
Socks	Recommended Quantity: 6-7 pairs Standard socks are good enough for the week of camp. Additionally, 1-2 pairs of boot socks are recommended for hiking.
Shirts	Recommended Quantity: 3 from home A special White Stag shirt will be provided that will be part of the uniform. Plain shirts from home may be worn part of the day. Extra camp T-shirts may be purchased before and after camp. Note: Shirts brought from home can not contain any inappropriate content.
Outerwear	Recommended Quantity: 1-2 A warm jacket and sweater are nice, as they keep you warm during the night. Zip up sweaters are preferred.
Hiking Boots	There will be a lot of hiking throughout the week of camp, so it is important to bring a good pair of hiking boots to avoid blisters. These should be worn at home to "break them in" before wearing at camp.
Extra Shoes	You need to bring a second pair of lightweight closed-toed shoes for water crossings and to wear when not hiking. It is alright to bring an additional pair of opened-toed shoes for pool/shower time

TOILETRIES & PERSONAL ITEMS

General	Bring whatever you need: Toothpaste/toothbrush, shower gel + shampoo, towel, deodorant, etc. Shower stalls are private, but we ask that you shower in your swimsuit. Note: Pack light with only the essentials.
Wet Wipes	These are very helpful to keep yourself clean, as you will often not have access to showers/running water, especially on the backpacking trips.

Toilet Paper	Not always necessary, but when you need it, you <i>really</i> need it. Make sure they are biodegradable so it doesn't damage the environment.
Female Items	Sometimes the unexpected can happen. Bring feminine hygiene supplies just in case. Hygiene items are also available for the asking from anyone you feel comfortable asking. A plastic Ziploc is good for used product.
Sanitizer & Face Masks	For keeping your hands clean. Bring several face masks that are washable, or disposable. Plan on wearing 1-2 per day. Disposable is easier than washing reusable ones. It is dusty at camp.
Personal	Barren and ad Occartitus 2, 2
trash bag	Recommended Quantity: 2-3 Great for keeping trash out of your campsites, organizing wet/dirty clothes, and making backpacks waterproof. Note: Gallon-sized Ziploc bags work well, plus a larger bag.
	Great for keeping trash out of your campsites, organizing wet/dirty clothes, and making backpacks

OTHER

Sewing kit	This is a must for Phase 3. Campers may be required to sew things together during the week of camp, so it is important to not only bring one of these, but also know how to use it.
Pocketknife	Campers will need to use knives for various activities throughout the week, such as cooking and whittling. They should be lock blade and no longer than 3 inches.
First Aid kit	People can receive small injuries living in the outdoors so it is good to have a first aid kit to treat any potential injuries.
Time Piece Phase 2 Phase 3	A watch is important. Everything is be scheduled. It is important to be on time! Don't bring expensive watches. Bring an inexpensive, non-electronic one that does not need recharging. Bring a small alarm clock if your watch does not have an alarm.
Flashlight and extra batteries	Camp is dark at night and it is important to be able to see. You will need a flashlight to use during after dark activities and inside your tent. Newer LED lights are very bright, but they use lots of batteries, so bring extra. Headlamps are also a good choice. You can purchase inexpensive ones many places.
Extra tarp	This is required for all phases. Each person needs their own personal tarp to sleep on when they go on an overnighter away from their normal campgrounds. A 4x6 feet tarp to accommodate your sleeping bag is recommended.
Camera	Since cell phones are not allowed, you can bring an old fashioned camera if you would like to. Disposable is best for a few pictures of your friends!
Electronics/ Phones	Just leave them at home! They are excluded from all activities. The dust is not good for them and they could be lost or stolen. There is no cell phone service available.
Other Items	Bring 2-3 pens or pencils. You will need to write things down. You will be learning how to use a compass, so bring one of those. Also bring a whistle just in case. Use it to alert others if you get separated from your group. Others can easily find you if you blow your whistle.

"C Day" Orientation and INDABA Reunion Location Receive Things of Breakwater Cove Breakwater Cove Lighthouse Ave Lighthou

via Arroyo Seco Rd

via US-101 S and Arroyo Seco Rd

Fastest route

White Stag Cell 831-601-0991

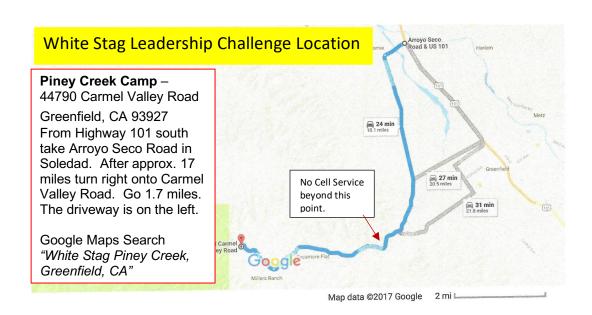
Presidio of Monterey Scout Lodge is located just above the Coast Guard wharf in Monterey. From downtown Monterey, take Del Monte Blvd. through the tunnel. Stay to the right and take the first slight right onto Foam St. Take the first left onto Reeside Ave., go one block and turn left onto Lighthouse Ave. Go one block and turn right onto Private Bolio, and turn left immediately. The Scout Lodge is the first building visible to you. Search Google Maps, POM Scout Lodge, Monterey, CA

24 min

27 min

20.5 miles

18.1 miles



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Medical Examination Record

To be completed by physician after review of health history with parent/guardian.

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